

A large, stylized yellow brushstroke graphic that forms the shape of a hand with fingers spread, positioned behind the main title.

Pentreath

Promoting good mental health through education and employment.

Do you feel that your mental health is stopping you from moving forward?



"I have a future and now look forward to each day instead of dreading it. It is amazing what giving yourself a purpose can do."

Working your way



Pentreath



- 1:1 Outreach Advisors
- Covers Cornwall and the Isles of Scilly
- Recovery Tools Workshops
- BAME Community Development Service
- Employability Skills
- Volunteering
- Supported Employment Placements
- Engage with Training Opportunities
- Excellent Local Knowledge of other Services
- Self and 3rd Party Referrals accepted



“When I started at Pentreath I felt really low and had zero motivation although I know ultimately where I wanted to be. I would just spend every day in bed doing nothing. Meeting my advisor who has used positive motivation has resulted in me gaining employment.”



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